







17th Annual Mid-Atlantic **Hospital Medicine Symposium** 

## **Mastering the Care** of the Hospitalized Patient

Friday and Saturday | October 21-22, 2022



## **Leon and Norma Hess Center** for Science and Medicine

The Bonnie M. Davis, MD. and Kenneth L. Davis, MD. Auditorium 1470 Madison Avenue, 2nd floor (Between 101st and 102nd Streets) New York, New York

## https://mssm.cloud-cme.com/hm

**An SHM-affiliated Meeting** 



In collaboration with



Department of Medicine, Icahn School of Medicine at Mount Sinai

## 17th Annual Mid-Atlantic Hospital Medicine Symposium

#### COURSE DIRECTOR/PLANNING COMMITTEE

#### Andrew S. Dunn, MD, MPH, SFHM, MACP

Past-Chair, ACP Board of Regents Professor of Medicine Chief. Division of Hospital Medicine Mount Sinai Health System

#### Radfan Gazali, MD

Assistant Professor of Medicine Chief, Division of Hospital Medicine Mount Sinai Brooklyn

#### Haiwen Ma, MD, PhD

Clinical Assistant Professor of Medicine Chief, Division of Hospital Medicine Associate Director, Internal Medicine Residency Program Mount Sinai South Nassau

#### **GUEST FACULTY**

#### Rachel E. Thompson, MD, MPH, SFHM, FACP

Chief Medical Officer. Snoqualmie Vallev Hospital and Public Health District Seattle, Washington Adjunct Professor, University of Nebraska Medical Center Omaha, Nebraska

#### MOUNT SINAI FACULTY

#### Matt Abramson, MD

Assistant Professor, Division of Nephrology Icahn School of Medicine at Mount Sinai

#### Yousaf Ali, MD

Professor of Medicine Mount Sinai Doctors Rheumatology Mount Sinai Doctors-Brooklyn Heights Mount Sinai Doctors Medicine Multispecialty

#### Chari Belmonte, MD

Assistant Professor of Medicine Attending Hospitalist, Division of Hospital Medicine Mount Sinai Beth Israel

#### Lauren Blackwell, MD

Assistant Program Director of the PCCM Fellowship Program at Mount Sinai Morningside, Mount Sinai West, and Mount Sinai Beth Israel Director of Critical Care Advanced Practice Provider Services at Mount Sinai Beth Israel Assistant Professor of Medicine Icahn School of Medicine at Mount Sinai Division of Pulmonary, Critical Care, and Sleep Medicine Mount Sinai Beth Israel

#### Vinh-Tung Nguyen, MD

Assistant Professor of Medicine Division of Hospital Medicine The Mount Sinai Hospital

#### Brian A. Markoff, MD, SFHM

Associate Professor of Medicine Chief, Division of Hospital Medicine Mount Sinai West Mount Sinai Morningside

#### Kathy F. Navid, MD

Assistant Professor of Medicine Chief of Medicine Director, Hospitalist Service Mount Sinai Queens

#### Dahlia Rizk, DO, MPH

Professor of Medicine Chief, Division of Hospital Medicine Mount Sinai Beth Israel

#### Surafel Tsega, MD

Senior Director, Informatics, Value and Safety NYC Health + Hospitals Kings County Hospital Brooklyn, New York

### Krishna Chokshi, MD, MSc

Assistant Professor of Medicine Icahn School of Medicine The Mount Sinai Hospital

#### Russell Cohen, MD

Chief, Department of Dermatology Mount Sinai South Nassau

#### **Alexander Davidovich, DO**

Division of Pulmonary and Critical Care Medicine Mount Sinai Morningside Assistant Professor of Medicine Icahn School of Medicine at Mount Sinai

#### Kristine Favila, DO

Assistant Professor, Icahn School of Medicine Medical Director Rapid Evaluation and Treatment Unit Mount Sinai Beth Israel

#### Barak Friedman, MD

Associate Professor Diagnostic, Molecular, and Interventional Radiology System Chief Abdominal Imaging Director of Quality, Radiology Mount Sinai West

#### **MOUNT SINAI FACULTY Continued**

Mastering the Care of the Hospitalized Patient

#### Erin Gabriel, MD

Associate Professor Physician Advisor, Case Management Department Director. Pre-operative Medicine and Medicine Consult Services Department of Medicine, Division of Hospital Medicine The Mount Sinai Hospital

#### Samuel Hanon, MD, FHRS

Associate Professor of Medicine Site Director, Cardiac Electrophysiology Mount Sinai Beth Israel

#### Michael Herscher, MD, MA

Assistant Professor of Medicine Icahn School of Medicine at Mount Sinai The Mount Sinai Hospital

#### Dilan Mather R. Jogendra, MD, M.Sc.

Senior Assistant Professor of Medicine Director, Medicine Co-Management Service Director, 6W Medical/Surgical Unit Icahn School of Medicine at Mount Sinai Department of Medicine. Division of Hospital Medicine The Mount Sinai Hospital

#### David W. Lam, MD

Assistant Professor of Medicine, Endocrinology, Diabetes and Bone Disease The Mount Sinai Hospital

#### Ankita Mehta-Desai, MD

Assistant Professor of Geriatrics and Palliative Medicine Icahn School of Medicine The Mount Sinai Hospital

#### Marc Miller, MD

Associate Professor Cardiovascular Institute Icahn School of Medicine at Mount Sinai

#### Lina Miyakawa, MD

Associate Director, Intensive Care Unit at MSBI Director, Quality Improvement for the Division of Pulmonary and Critical Care Medicine, Mount Sinai Beth Israel Associate Director of Quality, Institute of Critical Care Medicine, Mount Sinai Health System Assistant Professor of Department of Medicine Icahn School of Medicine at Mount Sinai Division of Pulmonary, Critical Care, and Sleep Medicine Mount Sinai Beth Israel Mount Sinai Downtown Union Square

#### Alfred Burger, MD, MS, FACP, SFHM

Professor of Medicine and Medical Education Icahn School of Medicine at Mount Sinai Senior Associate Program Director Internal Medicine Residency Department of Medicine Mount Sinai Beth Israel

#### Shamit Patel, MD, MBA

Assistant Professor of Medicine Division of Hospital Medicine Mount Sinai Beth Israel

#### Ayla R. Pelleg, MD

Assistant Professor of Geriatrics and Palliative Medicine Icahn School of Medicine at Mount Sinai Director, Mount Sinai Hospital Palliative Care Consult Services Brookdale Department of Geriatrics and Palliative Medicine

#### Sofya Pintova, MD

Assistant Professor of Medicine Division of Hematology and Medical Oncology GI Medical Oncology Icahn School of Medicine at Mount Sinai

#### Pamela Reilly, MSN, RN, CWOCN

Wound/Ostomy Clinical Specialist Mount Sinai South Nassau

#### Evan Siau, MD, FACP

Assistant Professor, Division of Hospital Medicine. Department of Medicine GME Well-Being Champion MSBI Internal Medicine Icahn School of Medicine at Mount Sinai

#### Sangyoon Jason Shin, DO

Medical Director of Ambulatory Care Mount Sinai Downtown Medical Director of Pre-Operative Services Mount Sinai Downtown Medical Director of Inpatient Services Center for Transgender Medicine and Surgery (CTMS) of Mount Sinai Attending Physician, Department of Medicine Associate Professor Icahn School of Medicine at Mount Sinai

#### **Thomas Tolbert, MD**

Assistant Professor Pulmonary, Critical Care, and Sleep Medicine Icahn School of Medicine at Mount Sinai

#### FACULTY DISCLOSURE

It is the policy of Icahn School of Medicine at Mount Sinai to ensure objectivity, balance, independence, transparency, and scientific rigor in all CME-accredited educational activities. All faculty participating in the planning or implementation of an activity accredited by ISMMS are expected to disclose all of their financial relationships with ineligible companies existing within the prior 24 months. Relevant financial relationships will be mitigated and disclosed to learners before the activity takes place. Presenters must also make a meaningful disclosure to the audience of their discussions of unlabeled or unapproved drugs or devices. This information will be available as part of the course material. Refusal to disclose will prohibit participation in an Icahn School of Medicine at Mount Sinai CME-sponsored activity.



## **Mastering the Care of the Hospitalized Patient**

#### **PROGRAM OBJECTIVES**

At the conclusion of this CME activity, the participant should be able to:

- Provide optimal glycemic control for patients admitted with diabetes
- Incorporate the up-to-date recommendations from major clinical guidelines, including AHA and IDSA
- Choose appropriate oxygen support for patients with acute respiratory failure, including HFNC, BiPap, or mechanical ventilation
- Determine the optimal approach for patients on anticoagulants or antiplatelet agents undergoing surgery
- Manage common symptoms seen at the end of life, including delirium, pain, and nausea

#### WHO SHOULD ATTEND?

Hospitalists, General Internists, Nurse Practitioners, Physician Associates/Physician Assistants, House Staff, Medical Students.

#### **ACCREDITATION**

The Icahn School of Medicine at Mount Sinai is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

#### **CREDIT DESIGNATION**

The Icahn School of Medicine at Mount Sinai designates this live activity for a maximum of *10.50 AMA PRA Category 1 Credit* (s)<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### **VERIFICATION OF ATTENDANCE**

Will be provided to all professionals.

#### **COURSE LOCATION**

All sessions will be held at The Bonnie M. Davis, MD and Kenneth L. Davis, MD Auditorium, 2nd floor

1470 Madison Avenue (Between 101st & 102nd Street) New York, NY 10029

Directions and Parking, go to www.icahn.mssm.edu/about/visiting

#### **ACCOMMODATIONS**

Discounted sleeping rooms can be reserved with our Housing Manager, Denise Newman, Cell/Text: 347-236-7181 Phone:718-835-4911; email: dnew229@aol.com

#### SPECIAL NEEDS

The Icahn School of Medicine at Mount Sinai is in full compliance with provisions of the Americans with Disabilities Act (ADA) and is accessible for individuals with special needs. If you require special accommodations, call the Office of CME, 212-731-7950.

We are live and in-person! Hospitalists stepped up and helped lead their hospitals through the pandemic and now we can re-focus on the core conditions in Hospital Medicine. We have dedicated our course to emphasize the common and serious conditions you treat on a daily basis: Atrial fibrillation, DM, AKI, Anticoagulation, Pain, Palliative Care, and more!

Our workshops let you "Choose Your Own Master Clinician Adventure." Attend topics in critical care, peri-operative management, palliative care, POCUS, or mix and match to get a wide variety of expert content.

Our faculty consists of national and international leaders in their fields and our sessions have been designed to provide highly relevant material in a concise and stimulating format. The fast pace, exciting topics, expert faculty, and flexible format ensure a highly valuable experience that will move you forward towards your goal of becoming a *Master Clinician!* 

#### **HIGHLIGHTS INCLUDE:**

- **KEYNOTE SPEAKER, Dr. Rachel Thompson,** President of the **Society of Hospital Medicine (SHM)**, on the Past and Future of Hospital Medicine.
- New Approaches in Atrial Fibrillation Management, Diabetes for the Hospitalist, and an Expert Approach to AKI.
- GUIDELINES UPDATE Key updates from AHA, IDSA, ACCP Guidelines and More!
- Update on Hospital Medicine: Practice-changing studies from the past year.
- WORKSHOPS Build Your Own Adventure:

  - ♦ Peri-operative Management → POCUS

## **Agenda**

#### **DAY 1 - FRIDAY, OCTOBER 21, 2022**

10:45 - 11:00 BREAK

7:30 - 8:00	REGISTRATION AND BREAKFAST		
3:00 - 8:15	<b>WELCOME</b> Andrew S. Dunn, MD, MPH, SFHM, MACP		
3:15 - 8:50	KEYNOTE - HOSPITAL MEDICINE: WHERE WE'VE BEEN AND WHERE WE'RE HEADED  Rachel E. Thompson, MD, President, SHM		
3:50 - 9:30	<b>RADIOLOGY ROUNDS: IMAGES FOR THE HOSPITALIST</b> Barak Friedman, MD		
9:30 - 10:45	<b>PEARLS FOR P</b> 9:30 – 9:50	RACTICE I  Pearls for Practice: Interventional Approaches to Atrial Fibrillation – Marc Miller, MD	
	9:50 – 10:10	Pearls for Practice: Diagnostic Approach to AKI - Matt Abramson, MD	
	10:10 – 10:30	Pearls for Practice: Inpatient DM Management - David W. Lam, MD	
	10:30 – 10:45	PANEL Q & A	

1:00 - 12:15	PEARLS FOR PRACTICE II				
	11:00 – 11:20	<b>Pearls for Practice: Dermatology for the Hospitalist</b> - Russell Cohen, MD			
	11:20 – 11:40	Pearls for Practice: Wound Care Essentials - Pamela Reilly, MSN, RN, CWOCN			
	11:40 – 12:00	Pearls for Practice: The Rheum Where It Happens: Rheumatology for the Hospitalist- Yousaf Ali, MD			
	12:00 – 12:15	PANEL Q & A			
2:15 - 1:15	LUNCH				
:15 - 2:15	GUIDELINES UPDATE: AHA, IDSA, ACCP AND OTHER ESSENTIAL UPDATES – Alfred Burger, MD, MS, FACP, SFHM				
2:15 - 3:15	- 3:15 WORKSHOP I				
	➤ Pre-op Cardiac Assessment & Optimization – Erin Gabriel, MD; Dilan Jogendra, MD				
	Management of Acute Respiratory Failure: HFNC, Bipap, and Mechanical Ventilation – Thomas Tolbert, MD				
	◆ Case Studies	in Pain Management - Ankita Mehta-Desai, MD			
3:15 - 3:30	BREAK				
3:30 - 4:30	WORKSHOP II  ➤ Common Scenarios in Palliative and End-of-Life Care  — Ayla R. Pelleg, MD				
	❖ Oncology for	the Hospitalist - Sofya Pintova, MD			
	♦ Digital Health	at the Bedside - Surafel Tsega, MD			
:30 - 5:30	WINE AND CHEESE RECEPTION				
DAY 2 - SATURDAY, OCTOBER 22, 2022					
:30 - 8:00	REGISTRATION AND CONTINENTAL BREAKFAST				
3:00 - 9:00	<b>UPDATE IN HO</b> Brian Markoff, MD	SPITAL MEDICINE			
9:40	AND ANTIPLAT	VE MANAGEMENT OF ANTICOAGULANTS FELET AGENTS MPH, SFHM, MACP			
:40 - 9:50	BREAK				
9:50 – 10:50	* Critical Care	s in Peri-operative Medicine – Jason Shin, DO Essentials – Alexander Davidovich, DO nds-on Experience – Vinh-Tung Nguyen, MD			

➤ Skills Center: Mastery of ECG, CXR, Acid-base Evaluation

**❖ Medical Ethics: Common Challenging Scenarios for Hospitalists** 

- Lauren Blackwell, MD; Kristine Favila, DO; Samuel Hanon, MD;

◆ Case Studies in Opioid Use Disorder – Michael Herscher, MD

Lina Miyakawa, MD; Shamit Patel, MD; Evan Siau, MD

- Krishna Chokshi, MD; Chari Belmonte, MD

10:50 - 11:00 BREAK

11:00 - 12:00 WORKSHOP IV

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The Bonnie M. Davis, MD, and Kenneth L. Davis, MD, Auditorium 1470 Madison Avenue, 2nd floor (between 101st & 102nd Street), New York, NY

#### **REGISTRATION FEES**

Physicians	\$335	☐ Mount Sinai Health System (MSHS) Physicians \$235	
Allied Health	\$285	☐ MSHS Allied Health Professionals	\$185
Professionals		☐ Mount Sinai Health System Residents, Fellows o	only
Residents, Fellows	\$210	- Complimentar	
		*For complimentary registration. Mount Sinai Health System (M	SHS)

☐ Yes, I would like information about The Society of Hospital Medicine (SHM) www.joinshm.org

Residents and Fellows must email: cme@mssm.edu with a copy of their

Hospital ID or letter from their program director; then Register Online.

#### Online Registration: https://mssm.cloud-cme.com/hm

LASTNAME	FIRST NAME	(MD, RN, etc.)
MAILING ADDRESS		
CITY	STATE	ZIP
TELEPHONE		FAX
EMAIL	SPECIALTY	
INSTITUTION/AFFILIATION		

Online at https://mssm.cloud-cme.com/hm

■ Mail this form with your check to:

TWO WAYS TO REGISTER

Icahn School of Medicine at Mount Sinai
The Page and William Black Post-Graduate School
One Gustave L. Levy Place, Box 1193

New York, NY 10029-6574

Enclosed is my check for \$ payable to Icahn School of Medicine at Mount Sinai

Cancellation Policy: All refund and cancellation requests must be emailed to the CME office at cme@mssm.edu by October 12, 2022. Cancellations after this date are not eligible for a refund. An administrative fee of \$50 will be deducted from your refund. No refunds will be issued for registration fees that are equal to or less than \$50.

For conference information, please call the Office of CME at 212-731-7950 or email cme@mssm.edu